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HARVARD MEDICAL SCHOOL



PHYSICIANS' HEALTH STUDY

	Please complete ALL 16 questions and return this form in the prepaid envelope provided								
1.	Date of birth: /19								
ı	FOR THE FOLLOWING QUESTIONS, PLEASE CONSIDER YOUR EXPERIENCE OVER THE PAST SIX MONTHS:								
2.	How many of the <u>90 white pills</u> did you <u>not take</u> ? ☐ I took all the white pills ☐ I did not takewhite pills Reason:								
3.	How many of the <u>90 red pills</u> did you <u>not take</u> ? ☐ I took all the red pills ☐ I did not takered pills Reason:								
4.	Other than study pills, did you take additional tablets containing aspirin or other platelet active, nonsteroidal, anti-inflammatory agents such as Motrin, Clinoril, Indocin, Feldene, Meclomen, Tolectin, Naprosyn, etc? YES NO IF YES: On about how many of the past 180 days?days How many additional tablets did you take?tablets If non-aspirin, name of agent:								
5.	Other than study pills, did you take additional capsules containing beta-carotene or individual vitamin A supplements (other than multivitamins)? YES NO IF YES: Sizeunits #/Week								
6.	Since you filled out the last questionnaire (about six months ago), have you experienced any of the following? (please check YES or NO for ALL items)								
	YES NO Symptoms suggestive of gastritis								
7.	Other								
	Other conditions requiring medical treatment								

IF YES: Please provide details on back — especially evidence for diagnosis, progression of disease and treatment.

8.	If you have any of the conditions listed in question 7, we would appreciate your signing the following consent form. Obtaining hospital records or information from a treating physician is important in order that we may apply uniform criteria to the evaluation of medical endpoints. This information will be used solely for medical statistical purposes and maintained in the strictest professional confidence. I hereby grant permission to Charles H. Hennekens, MD, Associate Professor of Medicine, Harvard Medical School, 55 Pond Avenue, Brookline, MA 02146, to review a copy of the records of my hospitalization or treatment for:									
	Name of hospital/physician									
	Address									
					-					
	City State									
	Dates of hospitalization/treatment									
	Signed									
9.	Please indicate how often, on average, you have	e eaten ea 2+/day	ch of the f daily	ollowing foods 5-6/wk 2-4/	s during the p	1-3/mth	Rarely/ Never			
(1)										
	Hot dogs (1) Beef, pork or lamb as a sandwich or mixed dish									
(-3)	(hamburger, stew, casserole, lasagne, etc.)		The M		i - D-		l Direction			
(4)	Beef, pork or lamb as a main dish (steak, roast,									
	ham, etc.)			Self-Hill Com.		Arch and Pichara	LUTHER AND			
	Canned tuna fish									
(6)	Dark meat fish — e.g. mackerel, salmon, sardines, bluefish, swordfish (4-6oz.)	<u>г</u>			7 🗀	· .	·			
(7)	Other fish (4-6 0z.)									
	Shrimp, lobster, scallops as a main dish									
(-9)	Hard cheese (e.g. American, cheddar) (1 slice or 1 oz.)									
	Ice cream (1 cup)									
(11)	Cookies (1) Potato chips, corn chips (1 oz. or small bag)									
	Peanut butter (1 tbl.)									
HORSE STREET,	Nuts (small packet or 1 oz.)									
(15)	French fried potatoes (4 oz.)									
(16)	Fried food of any type									
10.	How many pats or tsps. of margarine do you us	se daily? _								
11.										
12.	How many tsps. of cream, e.g. coffee, whipped	, sour, do y	you use aa	ally ?						
13.	Has your mother ever had a documented MI? IF YES, at what age?		□NO	☐ YES	DON'T	KNOW				
14.	Has your father ever had a documented MI? IF YES, at what age?		□NO	YES	DON'T	KNOW				
15.	Have you ever had a coronary artery bypass or	r angioplas	ty?	□NO	☐ YES	/ month	year			
16.	Have you ever had any of the following? DA YES NO MONTH				YES	NO MO	DATE NTH/YEAR			
	a) Diagnosis of cataracts b) Cataract surgery c) Other ocular surgery			ıma directly to onic eye inflar						