## HARVARD MEDICAL SCHOOL



## PHYSICIANS' HEALTH STUDY

		iestions and return tr	nis form in the prepaid envelo	ppe provided
Over the past twelve months, hos   0 (took all the white pills  1-9 not taken (5%) 10-30 not taken (6-17%)  Reason for not taking white pills:	)	☐ 31- ☐ 91-	you <u>NOT</u> take? 90 not taken (18-50%) 162 not taken (51-90%) not take any or hardly any (§	91-100%)
Over the past twelve months, how 0 (took all the red pills) 1-9 not taken (5%) 10-30 not taken (6-17%)  Reason for not taking red pills:		□ 31- □ 91-	ou <u>NOT</u> take? 90 not taken (18-50%) 162 not taken (51-90%) not take any or hardly any (9	91-100%)
Over the past twelve months, oth platelet-active, nonsteroidal anti-Naprosyn, etc?    NO YES	nflammatory			
IF YES: Was this ASPIRIN? and/or OTHER PLATELET ACTIVE DRI		□ NO         □ YES           □ NO         □ YES		Name of agent (s):
(such as those listed about Please consider only the <u>last 30</u> or other platelet active, nonsteroi syn, etc?    0 days 1 day	days: On ho	nmatory agents such	as Motrin, Clinoril, Indocin,	al medication containing aspirin and Feldene, Meclomen, Tolectin, Napro ] 21-30 days
If taken on more than one day, w	as the use:	All on consecutive	ve days 🗌 Mostly consecut	ive days 🔲 Sporadic
Over the past twelve months, oth A supplements (other than multivIF YES: Sizeunits	vitamins)?		h type? VITAMIN A	ng beta-carotene or individual vitami BETA-CAROTENE
SINCE YOU FILLED OUT THE following? (Please check YES or	LAST QUES	STIONNAIRE (ABOU		), have you experienced any of the YES NO
Symptoms suggestive of ga Symptoms suggestive of pe Nausea Constipation Diarrhea Melena Skin discoloration Other	ptic ulcer*		Easy bruising Spontaneous bleeding Epistaxis Hematemesis Hematuria Headache Migraine	
*An enteric coated preparation is ava		10-5000		
as having any of the following co	AST QUEST nditions? (Ple YES NO	ease check YES or N DATE OF DX	TWELVE MONTHS AGO), h NO for <u>ALL items</u> )	DATE OF DX YES NO MONTH/YEAR
Myocardial infarction Deep vein thrombosis Pulmonary embolism Cancer: Site If skin cancer, type Diagnosis of cataracts Cataract surgery Subconjunctival hemorrhage Angina pectoris			Liver disease	
Coronary artery bypass or angioplasty			DIONUM	

	If you have any of the conditions listed in question 7, please complete and sign the following consent form. Obtaining hospital records or information from a treating physician is important in order that we may apply uniform criteria to evaluation of the medical endpoints. This information will be used solely for medical statistical purposes and maintained in the strictest professional confidence.  I hereby grant permission to Charles H. Hennekens, MD, Associate Professor of Medicine, Harvard Medical School, 55 Pond Avenue, Brookline, MA 02146, to review a copy of the records of my hospitalization or treatment for:												
	Name of hospital/physician												
	Address												
City State							Zip						
	Dates of hospitalization/treatment												
	Signed	_			Date								
9.	We have the following date recorded as your birthdat	e:											
	Is this information correct?   YES NO, my correct birthdate is												
10.	a) CURRENT blood pressure level mm     b) Since you initially enrolled in our study, (approx. 2)	/Hg or Don't Ki	now [] received	drug treatn	nent for hyp	pertension	? 🗌 YES	□ NO					
11.	a) Current level of blood cholesterolmg/100 m     b) Since you initially enrolled in our study, (approx. 2)	l or Don't Know	v 🗆										
12.	a) Since you initially enrolled in our study, (approx. 2 If YES: On average over the past twelve months, (1 pack = 20 cigs.) 0-4 5-14 1	yrs.) did you s	smoke cig arettes dic	arettes reg	ularly?								
13.	Please indicate how often, on average, you have eate your use over the full 12 months.	n each of the fo	llowing fo	ods during	the past ye	ar. For sea	asonal food	s, average					
		2+/day	daily	5-6/wk	2-4/wk	1/wk	1-3/mth	Never					
(1)	Broccoli (1/2 c.)												
(2)	Brussels sprouts (1/2 c.)												
	Carrots (whole or 1/2 c. cooked)												
	Spinach, cooked (1/2 c.)												
	Spiriaci i dark green lettude saidu												
	Yellow squash (½ c.)						旦						
	Yams or sweet potatoes (1/2 c.)		9				Щ						
10	Tomato juice (small glass)						ᆜ						
	Tomatoes (1)												
	Orange juice (small glass)												
	Cantaloupe (1/4 melon)						ш						
(12)	Peaches, apricots or nectarines	_											
0.00200	(fresh, frozen or canned)							- 4					
11000	Dried apricots (½ c.)							님					
0.70	Liver (3-4 oz.)												
11000	Cold breakfast cereal (1 c.)	- 4	$\pm$	H	금			- 8					
	Eggs (1)				H			_ H					
	Whole milk (8 oz. glasses) Skim or low fat milk (8 oz. glasses)				H	==	H	H					
	Red chili sauce (1 tbsp)	H											
14.	The following is OPTIONAL.  Because of our possible need to contact you if our n telephone numbers at which we could reach you du ONLY if we cannot reach you through regular postal	ring the day an	each you i	n the future evening. Ple	e, we would	apprecia hat this in	te having y	our current vill be used					
OMM(2742)	phone: Home (			_ Office (	Y								
rele	phone: Home ( )			_ Onice (	1-								